

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHEN IS IT HARD TO HAVE PATIENCE?

Lined writing area for journaling.



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked:

2. You learned:

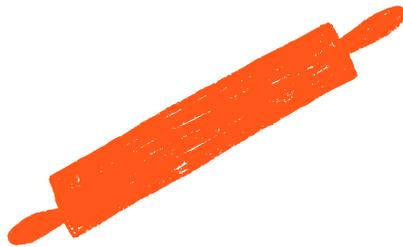
3. You'd like to know:

## Day 2

Read Luke 2:25-28

As you read Luke 2:25-28, circle all the places that indicate that God was with Simeon. (Remember, God's Son and the Holy Spirit are also God!)

When Simeon finally gets to hold the Son of God in his arms, read what he said: *Now let me, your servant, go in peace. That is what you promised, (NirV).* Simeon had been waiting for this moment, and now it was here. But—look at all the circles you drew—while he waited, he was never alone.



## Day 3

When you read Luke 2:25-35, it becomes obvious that Simeon had a deep relationship with God.

God speaks to Simeon through the Holy Spirit, and then when Simeon meets Jesus, his first response is to praise Jesus. They have an ongoing conversation.

That's all prayer is: talking to God, and listening to what He has to say! Sometimes we make it complicated, but it's really just a conversation with God.

What is something you're currently waiting on? Take a minute to think about it, and then fill in the blanks on this prayer before using it to start a conversation with God. He loves to talk with you!

"Dear God, thank You for always being with me. As You know, right now I am having a hard time waiting for \_\_\_\_\_. It's hard because \_\_\_\_\_. Please help me to be patient, and to remember that You are with me even while I'm waiting. In Jesus' Name, I pray, **amen.**"

## Day 4

When you have to wait, remember God is with you.

"Remember God is with you" sounds simple, but it's easy to forget. One of the best ways to practice this is by intentionally noticing all the ways God is with you. In Simeon's case, he had the Holy Spirit speaking to him and leading him, and he was able to hold the very Son of God in his arms.

There are ways that God is with you too! Find someone who also trusts Jesus—it could be a parent, small group leader, a friend or sibling. Share with each other the ways that you see God is with you—and the ways that you see God at work in each other's lives as well. Think about everything from the small (He created chocolate!) to the big (He sent Jesus to save you!), and get specific. As you talk, take some notes about what you discover together and save the notes for tomorrow.



## Day 5

When is it hard to have patience?

Make a list below of when it's hard for you to have patience.

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Now, take a look at the list you made yesterday of the ways you know God is with you. Match those truths up with each situation you listed above. If you don't have an exact match, it's okay—it's not always obvious, but it is always true that God is with you!

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHAT CAN YOU THINK ABOUT WHEN IT'S HARD TO WAIT?

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## Day 2

### Read Exodus 32:1-20

As you read Exodus 32:1-20, use emojis to illustrate what you read. You can draw simple ones yourself, or use the notes app on a device to create your emoji re-creation. Here's an example of what the beginning of the story might look like:



Keep going until you've told the whole story in emoji-form. Then save your piece of paper or note for later this week.



## Day 3

### There is so much that is true about God!

- ➔ God is with you. (Isaiah 41:10)
- ➔ God will give you peace. (Isaiah 26:3 and John 16:33)
- ➔ God will never leave you. (Deuteronomy 31:8)
- ➔ God will guide you. (Psalm 32:8)
- ➔ God will protect you. (Psalm 37:23-24)
- ➔ God will give you rest. (Matthew 11:28-29)
- ➔ God will give you strength. (2 Corinthians 12:9-10)

Which one of these true statements about God means the most to you right now? Circle one or two. Then use them to fill in this prayer.

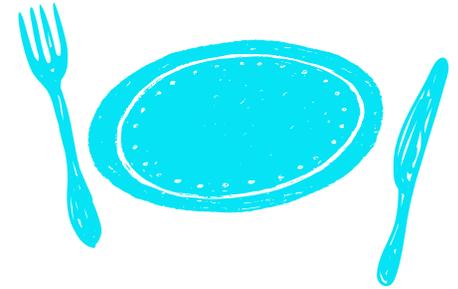
“Dear God, thank You for the truth that You \_\_\_\_\_ . When I'm having a hard time waiting on \_\_\_\_\_ , help me to remember that \_\_\_\_\_ .  
In Jesus' Name, I pray, **amen.**”

## Day 4

### Grab the paper or device you used for day two and find a friend who you can share the story with.

Use your emojis to help you remember the details of the story found in Exodus 32.

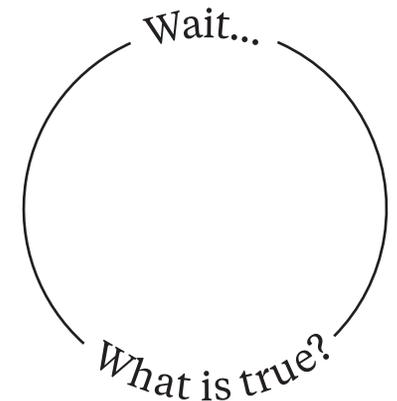
Talk with your friend about what the Israelites forgot when they got impatient. Share with each other something true that you can think about when it's hard to wait.



## Day 5

### What can you think about when it's hard to wait?

When it's hard to wait, it's easy to forget what is true. So today you're going to make something that will help you remember! Color in the artwork below. Then fill in the blank space with things that are true about God, about you and about patience. Lastly, cut out the circle and hang it on your backpack, or tape it to your bedroom mirror, or put it on the fridge door—wherever you think it will be most helpful to remember what is true!



Spend some time thinking about the question below and journal your thoughts or share them with a parent.

WHAT COULD YOU MISS OUT ON BY NOT WAITING?

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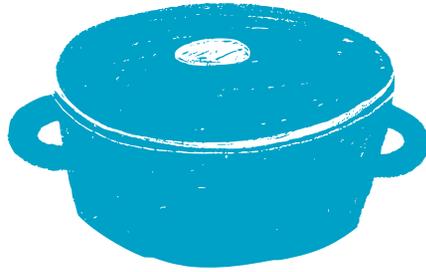
## Day 2

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Read Genesis 25:24–34 out loud, but instead of reading the way you normally do, read it as though you're performing on a stage, or sharing the story with a little kid.

Use lots of energy and enthusiasm. Use dynamics—get soft when you're talking about Jacob, and get loud and animated when you're reading things Esau says. Be as dramatic as you can, and maybe even try acting out some of the physical cues in the story.

How did it feel to do that? Even if you felt silly, did you perhaps pick up on some details you missed before because you were acting it out? If so, write them here: \_\_\_\_\_



## Day 3

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Did you know it's possible to pray silently?

You probably do it all the time without even realizing it. Maybe when you're in school and you're struggling to figure out the answer to the test, you might silently ask God to help you remember what you studied. Or when you see beauty outside, like a majestic mountain or the endless sea, you might silently thank God by recognizing His creation.

In many ways, silent prayer takes patience. It means instead of filling the space with a lot of your words, you're sitting quietly, perhaps thinking prayers to God, or maybe just listening to see what He might have to say to you.

Try it today. You can set a timer for a few minutes if you'd like. Try just focusing on God, His goodness, or His creation. Think about the things He's done for you, the truth about Who He is and just sit in the stillness. Don't miss what God might have to say to you in the silence.

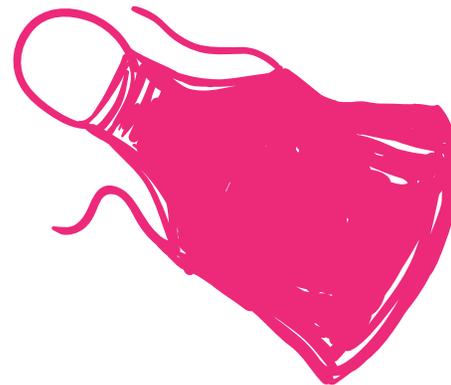
## Day 4

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Just like we can learn from the stories of people like Jacob and Esau in the Bible, we can also learn from our friends and family and their stories.

Today, you're going to do just that. Grab a sheet of paper and a pen. Then go around and interview everyone you can find. Ask them the following questions:

- 1) Have you ever missed out on something because you didn't wait?
- 2) If yes, what do you wish you had done differently?
- 3) If no, what is something that you work hard at being patient so that you won't miss out?



## Day 5

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What could you miss out on by not waiting?

Esau missed out on a lot—his entire inheritance as the first born—because he didn't wait. You probably won't miss out on your inheritance, but your conversations with your friends and family yesterday may have given you some ideas of what you might miss out on if you don't wait.

So how do you wait? One thing that can help is by memorizing truth from God's Word that can give you the strength you need. If you haven't already, work on memorizing this month's Bible verse:

*Wait for the Lord. Be strong and don't lose hope. Wait for the Lord, Psalm 27:14, (NIRV).*

Here are some tips for memorizing:

- 1) Break it down into smaller pieces.
- 2) Read it out loud.
- 3) Write it down.
- 4) Come up with motions for the words.
- 5) Repeat it a lot!

In fact, writing it down is great because you can also encourage others by hanging the words in a place someone else will see them. Write out Psalm 27:14 (feel free to use fun markers and fancy fonts!) and hang it in the kitchen or by the door everyone uses. It will remind everyone in your family to wait for the Lord!

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## Day 2

### Read Matthew 21:1-11

Get a sheet of paper and do your best to recreate the palm branch—make it pretty large so you have room to write inside it. If you have colored pencils or crayons, lightly color in your palm branch in green.

Then read Matthew 21:1-11. When you get to the part where the people waved the palm branches, write the words they called out to celebrate Jesus inside the palm branch. Use your best handwriting. Then, hang the mini-poster somewhere you will see it this week.



## Day 3

### What's something you're waiting for right now?

Use it to fill in the blanks of the prayer below, then unscramble the words. When you have the prayer written, pray it out loud.

In many ways, silent prayer takes patience. It means instead of filling the space with a lot of your words, you're sitting quietly, perhaps thinking prayers to God, or maybe just listening to see what He might have to say to you.

“Dear God, You know that I am waiting on \_\_\_\_\_, and I do pray that You would \_\_\_\_\_  
\_\_\_\_\_. I want to celebrate You and what You've done in my life. I thank You for \_\_\_\_\_  
(LNIVGO) me and for sending Jesus to be my \_\_\_\_\_  
(AOSVIR). I am excited about one day living with You in \_\_\_\_\_  
(EVEANH) where we will \_\_\_\_\_  
(ETBEACLER) forever! In Jesus' Name, **amen.**”

Answers: Loving, Savior, Heaven, Celebrate

## Day 4

### Have you ever seen the game show Family Feud?

Contestants compete to guess the most popular answers to questions. Today you're going to interview your family and friends to see what their opinions are on things we have to wait for, and then you'll use those answers for your own Family Feud game (see tomorrow!). Grab a sheet of paper, pen, and then get to work interviewing as many people as you can. (Try to get at least 10 responses per question . . . you can ask friends at school, send text messages or emails, or ask your neighbors!)

- What is the holiday you look forward to the most?
- What is your favorite day of the week?
- What is something you save up your money to buy?
- Where do you want to go on vacation?
- What is something you're willing to stand in line for hours for?



## Day 5

### What are you waiting for right now?

Easter is just around the corner, and there will be much to celebrate! While you wait, begin the celebrating by planning how you and your family will spend the day. Talk with the adults in your home about what you hope to do, and see what they already have planned. Then work on getting ready for the celebration. Here are some things you could do:

- 1) Make homemade invitations by hand or on your computer/device. (You can use an online invitation service, but ask permission first.) Include the who, what, when, where, and most importantly, why. (Why are you celebrating?!)
- 2) Plan games and activities. Don't forget to use your Family Feud game you gathered info for yesterday! (See <https://bit.ly/38iE7GO> for the rules on how to play!)
- 3) Gather materials you can use to decorate.
- 4) Ask family members for help prepping supplies and decorating. As you work together, share with each other what you're waiting for right now, maybe it's getting the grade back on a big test or for summer to get here already. Whatever it is, share with each other how you can celebrate while you wait.
- 5) Have fun as you wait and celebrate!