

Contentment is learning to be okay with what you have.

Read Matthew 6:26



DAY

1

So Good!

God knows everything about you and gives you everything you need. God doesn't make mistakes so you can trust He created you perfectly. He loves the way you look, the things you like, and everything in between.

"About Me" Poster

1. On a piece of paper, write or draw everything that makes you special. Include the things you like or the things you do!
2. Hang it someplace special to remind you to love who you are too!

THANK God for creating you so special.

DAY

2

Use What You Have

Think of something that you can do for someone else today using only what you have. Do you have a special talent that you can use to make someone smile? Maybe it's baking, creating a dance, drawing or being a good listener? Use that special talent that God gave you to make someone's day special!

LOOK for what you can use to show others you care using what you have.

DAY

3

Worth More

Look up this week's Bible verse. Read it out loud or listen to it being read to you. Say the verse out loud a few times but every time you repeat the verse, change your voice! Here are some ideas of voices you can use: robot, whisper, shout, or a squeaky voice!

KNOW that God will always take care of you.

DAY

4

Everything I Need

God will always help you. He can help if you are sad, happy or anytime in between. Let's talk to God and thank Him for always being there.

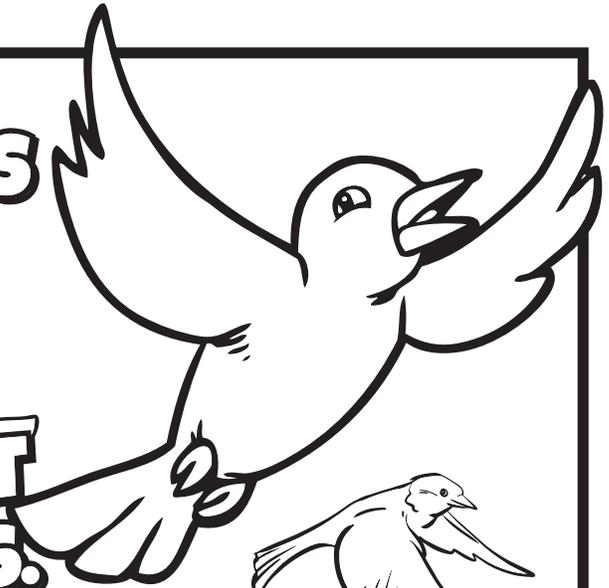
"Dear God, Thank you for always being there to help me. You take care of me and love me so much. I know that you are always going to be there. Thank you for making me so special and giving me everything I need."

ASK God to always remind you that He is there.

God can help you be okay no matter what.

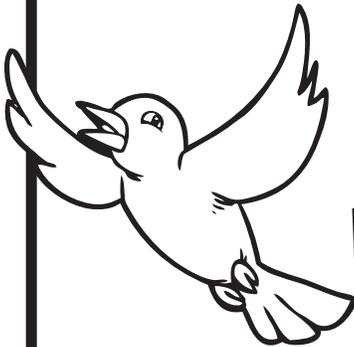


**LOOK AT THE BIRDS
OF THE AIR.**

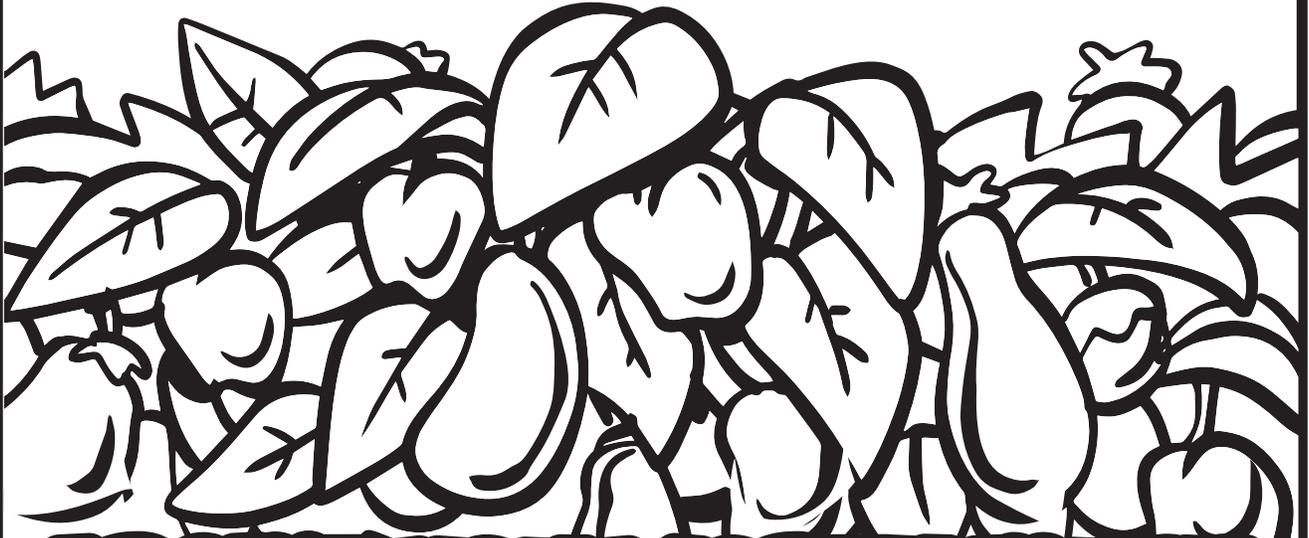


**THEY DON'T PLANT
OR GATHER CROPS.**

**THEY DON'T PUT AWAY
CROPS IN STORE ROOMS.**



**BUT YOUR FATHER WHO IS
IN HEAVEN FEEDS THEM.**



**AREN'T YOU WORTH MUCH
MORE THAN THEY ARE?**

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Read 1 Timothy 6:6



DAY

1

More, More, More?

In this week's story, we learned that King Ahab had everything he ever wanted but still wanted more. He wasn't content and then did bad things because of it. We sometimes might feel the same. But, what if we stopped and thanked God for what we do have. Write or draw God a "thank-you" note. On the note draw some of the things God has given you!

Thank God for all that He has given you.

DAY

2

More Adventure!

Sometimes we think more stuff will make us happy but what if we start thinking about making more memories and having more adventures? Let's stop only thinking about stuff we want and think of things money can't buy! Use your imagination and plan an adventure around your house or neighborhood. Are you a pirate looking for buried treasure? A pilot looking for a lost land? Be creative to find something money can't always buy. Adventure!

Look for ways that you can create adventures and memories.

DAY

3

Godly Life

This week's Bible verse talks about what you can gain when you live a godly life. Read this week's verse and then talk with an adult about some things you can gain from a godly life. Hint: you can gain things like: happiness, joy, and peace.

Know that living a godly life will give you the good stuff.

DAY

4

Pray More

God can help us be more content with what we have when we ask Him to. We don't have to do it by ourselves. Talk to God and ask Him to help you be content. Pray this:

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 "Dear God, Please help me to be content with what I have. I know that being content isn't just about stuff. I know it's okay to want things but God, please help me be content with what I have now and what I can give to others. I love you, amen."

**Ask God to help you to be content.**

**Wanting more and more can make you miserable.**



# Contentment is learning to be okay with what you have.

Read 1 Timothy 6:8



DAY

1

## What Ya Got?

Do you have a favorite toy? If you do, you probably take really good care of it by keeping it safe and always putting it away. When we have something that is really special to us we want to make sure we take care of it. If we don't take care of our toys they can break and we might not be able to get a new one. Draw a picture of your favorite toy as a reminder to take care of what we have.

**Know that what you have now is special.**

DAY

2

## Same Old?

In our Bible story this week we learned about when the Israelites were freed from slavery and walking in the wilderness. Once they were free, they became hungry while walking and were upset they didn't have any food. God cared for them, so, He made it rain manna! But, they didn't like it because it was boring. So, even though they were free they complained about what they were given.

Could you eat the same food every day? What if the food rained down from heaven? With an adult, make a snack of toast or crackers. Talk about what it would be like if you had the same meal every day.

**Thank God for giving you food to eat!**

DAY

3

## Okay With That

God gives us everything that we need. He will always take care of us because He loves us. Read this week's verse. Once you have read it, draw a picture of you in your favorite shirt, eating your favorite food!

**Ask God to provide you with what you need.**

DAY

4

## Thank You!

God gives you exactly what you need. Let's pray and thank Him for all that He has given to you.

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"Dear God, Thank you for providing me with food and clothes. Thank you for sending people to take care of me and love me. I know that you will always provide for me because you love me. I love you, God. Amen"

Look for the ways that God takes care of you.

Don't miss out on what you have now.

